



Nagle Catholic College welcomes

Claire Eaton

Australia's positive voice for teens

All families of Nagle Catholic College are invited to Claire Eaton's session
"Understanding & Helping Tweens & Teens Thrive"

Thursday, March 27th 6.30 - 8pm
Nagle School Gym

Claire will be bringing her passion and enthusiasm for teenagers to Nagle especially for parents of teens in years 6 – 12

As a teacher of 18 years, deputy principal and parent to a teenage son, Claire will be sharing:

- ~ Important background to teenage development.
- ~ Ways to support teenagers during the adolescent roller-coaster.
- ~ Tips to help teens be more in control of their self-belief.
- ~ Strategies to keep parent-teen connection strong.
- ~ Tools to help teens bounce back.

"Fantastic, down to earth presentations delivered with expertise, confidence and class. Claire has an amazing capacity to engage and help everyone understand teenagers.

Workshops are refreshing and highly recommended".

Maria Annese, Social Worker. Chisholm Catholic College.



For more information about Claire and her ROC TEEN work visit: www.claireEaton.com.au

Claire has over 20 years experience in education. She's Perth's leading teen, parent & family coach, workshop presenter, speaker and author with the most positive voice for teenagers.

Claire's book 'WINGS' will be available to purchase on the night \$20